

# ST MATTHEW'S and OUR LADY OF MOUNT CARMEL

PARISH PRIEST: Fr. Martin Chambers

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## SUNDAY LITURGY: 24<sup>th</sup> January

3<sup>rd</sup> Sunday of the Year - B

<b>Psalm Response</b>	<i>All Nations shall fall prostrate before you, O Lord.</i>
<b>Gospel Acclamation</b>	<i>Alleluia, alleluia! We saw his star as it rose and have come to do the Lord homage. Alleluia!</i>
<p><i>Sunday Masses: All Livestreamed until Covid restrictions are lifted.</i>  <i>Saturday 10.00am: St. Matthew's. Sunday 10.00am: St. Matthew's and 10.00am: OLMC</i></p>	

### 'TAKE AWAY' - SERMON 227

For an Easter sermon, St Augustine of Hippo (354 – 430) bereft of ideas by then (it was his 227<sup>th</sup> sermon) heard the Spirit within him say: *"We become what we eat"*. The people heard this in his sermon and asked what he meant. He told them.

Jesus thought a lot about his life, his consuming passion for the rule of the Father in all human hearts which everyone had to realise and put into practice - love everybody, exclude nobody. He reckoned he had given folk plenty of signs of what that would look like – healing, serving, including everyone equally, men, women, children, ignoring all boundaries, man-made rules. This had landed him in deep trouble with the religious and political leaders. He knew death was approaching but still he trusted in life and he looked for a way to pass the message on'. They asked: 'did he find a way?'

Augustine said 'Yes' 'It came to Jesus as an inspiration of the Spirit on the eve of the meal of remembrance of the God of Freedom. He looked at the Passover meal and it dawned on him as an absolute revelation!

He got there early and was gazing at the table with its Passover food, I see it, he said: I am become as bread from wheat and wine from grapes – kneaded, pressed, broken, to be shared as food, to be eaten so my friends can do as I have done - bring strength to the oppressed and joy to those who suffer and grieve.

So, when his friends gathered, the fishermen and the women, his friends, he took bread and wine and said: "I am as bread from crushed wheat and wine from treaded grapes – food to be taken and eaten. Do what I have done, become what I have become – broken for others. In that way you will not only remember me but become me in what you are transformed to do!"

And Augustine said to himself: "Now I see it! If we Christians take and eat and drink in memory of Him – it is so we can 'become what we eat' for others. We walk and talk as food! So, he said this. He knew what it meant. And some who heard it – understood.

Day	<i>Mass and Eucharistic Service Schedule for the Forthcoming Week</i>		<i>Gospel Reading</i>
	<b>ALL LIVESTREAMED</b>		
<b>Sunday 24<sup>th</sup> January</b>	Private Prayer before the Blessed Sacrament from 9.30 am	10.00am Mass at <b>Our Lady of Mount Carmel &amp; St. Matthew's</b>	<i>Mark 1:14-20</i>
<b>Monday 25<sup>th</sup> January</b>	Private Prayer before the Blessed Sacrament from 9.30 am	10.00am Mass from <b>Our Lady of Mount Carmel &amp; St. Matthew's</b>	<i>Mark 16:15-18</i>
<b>Tuesday 26<sup>th</sup> January</b>	Private Prayer before the Blessed Sacrament from 9.30 am	10.00am Mass at <b>Our Lady of Mount Carmel &amp; St. Matthew's</b>	<i>Mark 16:15-18</i>
<b>Wednesday 27<sup>th</sup> January</b>	Private Prayer before the Blessed Sacrament from 9.30 am	10.00am Mass at <b>Our Lady of Mount Carmel &amp; St. Matthew's</b>	<i>Mark 4:1-20</i>
<b>Thursday 28<sup>th</sup> January</b>	Private Prayer before the Blessed Sacrament from 9.30 am	10.00am Mass at <b>Our Lady of Mount Carmel &amp; St. Matthew's</b>	<i>Mark 4:21-25</i>
<b>Friday 29<sup>th</sup> January</b>	Private Prayer before the Blessed Sacrament from 9.30 am	10.00am Mass at <b>Our Lady of Mount Carmel &amp; St. Matthew's</b>	<i>Mark 4:26-34</i>
<b>Saturday 30<sup>th</sup> January</b>	Private Prayer before the Blessed Sacrament from 9.30 am	10.00am Mass at <b>Our Lady of Mount Carmel &amp; St. Matthew's</b>	<i>Mark 4:35-41</i>
<b>Sunday 31st January</b>	Private Prayer before the Blessed Sacrament from 9.30 am	10.00am Mass at <b>Our Lady of Mount Carmel &amp; St. Matthew's</b>	<i>Mark 1:21-28</i>



