



# SUNDAY BULLETIN



## ST MATTHEW'S and OUR LADY OF MOUNT CARMEL

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|  |  |
|--|--|
| Liturgy  | <b>Sunday 4<sup>th</sup> June, 2023</b><br><b>The Most Holy Trinity – Solemnity - A</b>  |
| Psalm Response   | <i>To you Glory and praise for evermore</i>  |
| Gospel Acclamation   | <i>Alleluia, alleluia! Glory be to the Father, and to the Son, and to the Holy Spirit: the God who is, who was and who is to come. Alleluia!</i> |
| <b>SUNDAY MASSES: 9.30am at St. Matthew's &amp; 11am at Our Lady of Mount Carmel</b> |  |

Please, ask your child(ren) to return to you immediately after the Children's Liturgy if you do not wish them to be captured on the live-stream recording.  
**LIVESTREAM MASSES:** [YouTube St Matthew's & Our Lady of Mount Carmel Kilmarnock](#) and [YouTube St Joseph's Church Kilmarnock](#)

### Letting Go of The Junk

People often ask me how long they should pray each day. I usually answer, "As long as it takes to get rid of the junk." That's how it feels to me, at least, in my own attempts at prayer.

By junk, I mean the thoughts that obsess us as soon as we wake up. Was the last day ok? Did anything go wrong? Did I accomplish my goals?" Then we re-assure ourselves. "O yes it was productive, I did that, I did this." Then we scan for what's coming up today. "I gotta do this. I get to do that. That will be fun. I hate this." Overly strong expectations are invariably disappointments and resentments waiting to happen. Try not to do that too much.

When we rest in prayer, we learn to let go of these habitual patterns. We move from defining ourselves by our doing or not doing and move to the simplicity of naked being. We are human beings before we are human doings.

In prayer we sit in our emptiness, doing something at which we cannot succeed, and let God's faithfulness be our success. Staying at anything long term, and even continuing to fail at it, is always giving God more chances to love us unconditionally.

**KILMARNOCK CHURCHES:** [www.rckilmarnock.org.uk](http://www.rckilmarnock.org.uk) <https://facebook.com/stmatthewschurchkilmarnock>

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# PARISHES OF OUR LADY OF MOUNT CARMEL AND ST. MATTHEW'S

## Mass and Eucharistic Service Schedule for the Forthcoming Week

|                                      |   |   |  |                      |
|--------------------------------------|---|---|--|----------------------|
| <b>Sunday 4<sup>th</sup> June</b>    | 9.30am Mass at <b>St. Matthew's</b>   | 11.00am Mass at <b>Our Lady of Mount Carmel</b> | <i>John 3:16-18</i>                      |                      |
| <b>Monday 5<sup>th</sup> June</b>    | 9.30am Rosary at <b>St. Matthew's</b>   | 10.00am Mass at <b>St. Matthew's</b>            | <i>Mark 12:1-12</i>                      |                      |
| <b>Tuesday 6<sup>th</sup> June</b>   | 9.30am Prayer before the Blessed Sacrament at <b>Our Lady of Mount Carmel</b> | 10.00am Mass at <b>Our Lady of Mount Carmel</b> | <i>Mark 12:13-17</i>                     |                      |
| <b>Wednesday 7<sup>th</sup> June</b> | 10.00am Mass at <b>St. Joseph's</b>   | 10.30am Rosary at <b>St. Joseph's</b>           | <i>Mark 12:18-27</i>                     |                      |
| <b>Thursday 8<sup>th</sup> June</b>  | 9.30am Prayer before the Blessed Sacrament at <b>St. Matthew's</b>            | 10.00am Mass at <b>St. Matthew's</b>            | <i>Mark 12:28-34</i>                     |                      |
| <b>Friday 9<sup>th</sup> June</b>    | 9.30am Rosary at <b>Our Lady of Mount Carmel</b>                              | 10.00am Mass at <b>Our Lady of Mount Carmel</b> | <i>Mark 10:17-30</i>                     |                      |
| <b>Saturday 10<sup>th</sup> June</b> | 9.30am Prayer before the Blessed Sacrament at <b>St. Matthew's</b>            | 10.00am Mass at <b>St. Matthew's</b>            | 6.00pm Vigil Mass at <b>St. Joseph's</b> | <i>Mark 12:38-44</i> |
| <b>Sunday 11<sup>th</sup> June</b>   | 9.30am Mass at <b>St. Matthew's</b>   | 11.00am Mass at <b>Our Lady of Mount Carmel</b> | <i>John 6:51-58</i>                      |                      |

## SACRAMENTS

|                |  |
|----------------|--|
| Marriage       | By arrangement with Fr. Martin. The Diocese of Galloway requires that couples give a minimum of six months' notice of their intention to marry |
| Baptism        | By arrangement with Fr. Martin.  |
| Reconciliation | Available on request at suitable times   |

*Please remember the following in your prayers:*

### *Recently Deceased:*

*May all our departed rest in peace.*

### *Anniversaries:*

*People who are ill:* Eimear Callaghan, David O'Callaghan, Michelle Hanlon, Mary Gibson, Michelle Dunne, Leona McAllister, Mary Hasson, Donald Gibon, Frank Mullen, Helen O'Donnell., Mary McLaughlin, May Hollywood, Frances O'Neill, Helen McClure, James Hughes, Max McLean, Peter Herral, Terry Bailey, Mary Rea, Stuart Mason Carolanne Gallagher and Margaret Paton.

(Please alert the Parish co-ordinator of any changes)

### Community Support

A Donation's box is located at the Church entrance. Thank you for your continuing generosity. 'Bags for Life' are always welcome.



### OLMC SSVP Conference

All donations are most welcome and needed. Please use the Donations Box as you leave the church.  
olmc\_ssvp@icloud.com

### Liturgy Ministry Rota for

The Most Holy Body and Blood of Christ – Solemnity - A

|                                 |   |                               |                                       |
|---------------------------------|---|-------------------------------|---------------------------------------|
| <i>Deuteronomy 8:2-3.14-16</i>  | <i>Psalm 147</i>                                | <i>1 Corinthians 10:16-17</i> | <i>John 6:51-58</i>                   |
| <b>Venue</b>                    | <b>Readers</b>                                  |                               | <b>Ministers</b>                      |
| <b>Our Lady of Mount Carmel</b> | F McCann<br>M McGuire                           |                               | B Murphy                              |
| <b>St. Matthew's</b>            | Susan Faulds<br>Brian Gilhooley<br>Philip Brown |                               | Patricia Gilhooley<br>Catherine Brown |

### Collection Totals. Thank you for your generosity

| Our Lady of Mount Carmel                           |         |               |           |
|--|---------|---------------|-----------|
| 1st  | 2nd     | Ecuador       |           |
| £333.01  | £231.77 | £48.94        | £         |
| St. Matthew's                                      |         |               |           |
| Weekly   | Ecuador | Community box | Youth Hub |
| 1 <sup>st</sup> £333.62<br>2 <sup>nd</sup> £342.80 | £25.01  | £92.45        | £         |

## NOTICES

|  |  |
|--|--|
| <b>Feasts This Week</b>  | Sun 4th – Trinity Sunday; Mon 5th – St Boniface; Fri 9th – St Columba; Sunday 11th – Body & Blood of Christ.   |
| <b>Welcome</b>   | To Michael who will receive FIRST COMMUNION today. May God bless you and your family. Let today be a beacon of Christ's Light for you and your family.   |
| <b>St. Matthew's Parish Pastoral Council</b>                               | This will take place on Thursday, 8th June at 7pm. All parishioners are welcome. Please note – this is a change of date!   |
| <b>Do This in Memory of Me</b>   | Next Sunday, 11th June, the First Communion children are invited to take part in the Sunday Mass, have a group photo taken afterwards and then celebrate in the Hall/Norbet Room after Mass.   |
| <b>OLMC Parish Pastoral Council</b>  | This will take place on Thursday, 15th June at 7pm. All parishioners are welcome.  |
| <b>OLMC Gift Aid</b>   | <b>OLMC GIFT AID</b> I am pleased to advise that we have just received £7288.29 from HMRC for our parish gift aid claim. Thank you so much for your generosity. If you pay tax then please consider gift aiding your weekly donations. It is very easy to do and is literally your signature on a form which I will complete, so please speak to me after mass. This is a very valuable asset to our parish so please consider gift aid envelopes or even easier, pay by standing order monthly. Thank you, Frances,   |
| <b>Sisters Celebration Mass</b>  | Sisters Rose, Mabel and Juliet belong to the Sisters of the Immaculate Heart of Mary, Mother of Christ. Their Feast Day this year is Saturday 17th June and there will be a Celebration Mass that day at 10am in Our Lady of Mount Carmel Church. We will welcome friends from each of the Kilmarnock parishes and beyond. Please come along and pray God's blessing on our Sisters and on our Parishes. There will be refreshments afterwards in the Norbert Room.  |
| <b>Dementia Awareness Day</b>  | Katrona Templeton, Mission Pioneer, invites us all to attend a Dementia Awareness information evening on Monday, 19 June, from 7 to 9 p.m. at Kay Park Parish Church.  |
| <b>Pilgrimage to Scalan at the Braes of Glenlivet, 2<sup>nd</sup> July</b> | At the Reformation, the Penal Laws were passed which prohibited the Mass being celebrated in Scotland, priests were forbidden to be in our country at all, and clearly, preparing people for the priesthood would also be against the law. Seminaries had to be set up abroad in territories. However, various seminaries were established in Scotland and one was set up at Scalan on the Braes of Glenlivet. It ran from 1716 until 1799. It remains a place of pilgrimage and prayer and each year there is a National Pilgrimage. The pilgrimage this year take place on Sunday 2nd July. A minibus will leave from St Joseph's Church at 10.00 am, stopping en-route to eat a packed lunch. We will then join the celebration of the annual Scalan Mass at 4.00 pm (Note: there is approximately a 10-minute walk from the car park to the Mass). The minibus will then return to Kilmarnock, stopping en-route for fish and chips (probably in Pitlochry), and arriving at St Joseph's at approximately 10.00pm. The cost per person for the bus is £15. Please bring a packed lunch. To sign up, please contact Fr. Stephen: 01563 521832 or <a href="mailto:stephen.mcgrattan@gallowaydiocese.org.uk">stephen.mcgrattan@gallowaydiocese.org.uk</a> |
| <b>Fair Pay in the Social Care Sector</b>                                  | Following a conference with Archbishop Nolan and the former Moderator Rev Greenshields, parishioners and priests are invited to participate in the following campaign. It calls on church and faith communities to encourage and support advocacy and fundraising for better social care in Scotland. Please join the campaign at: <a href="http://www.justiceandpeacescotland.org.uk/Fair-Pay">www.justiceandpeacescotland.org.uk/Fair-Pay</a>  |
| <b>A Choired Taste Summer Concert</b>                                      | 'Voices and Violins': A performance by A Choired Taste and Ayrshire Fiddle Orchestra will be held in the Grand Hall, Kilmarnock on Thursday 29 <sup>th</sup> June at 7.30pm (doors open at 6.45pm). Cost per ticket is £8.00 and can be purchased from Agnes Clark, Josephine McCrossan or Sarah Hall  |

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